

S.RAMAPRABHA

Physical Education Trainer

CONTACT

+91 95974 18087 , 99442 22231

sudhaprabha63@gmail.com

2/50, Veerachelliyapuram,
Vallioor (Po), Virudhunagar -
626005

PROFILE SUMMARY

To work in the field of Physical Education, to the best of my ability and knowledge, with sincerity and commitment in a challenging environment where my skills and abilities will contribute to the growth and development of the institution, and help students compete at the global level.

EDUCATION

- M.A. English, Alagappa University
- Year – 2020 – 60%
- B.P.Ed, YMCA College of Physical Education – 2017 – 75%
- PG Dip. in Yoga, Tamil Nadu Physical Education and Sports University
- Year – 2016 – 80%
- B.A. English, Alagappa University.
- Year – 2014 – 69%

WORK EXPERIENCE

Physical Education Trainer **2022 - PRESENT**

Sri Vidya College of Arts & Science
Virudhunagar.

- Trained women's teams for inter-college tournaments
- Organized State-Level Silambam Competition (2024)
- Guided 5 students to medal wins in International Silambam (Nepal, 2023)
- Conducted fitness and yoga sessions

SKILLS

Sports Coaching

- Basketball
- Volleyball
- Kabaddi
- Kho-Kho
- Athletics (Track & Field)
- Hockey
- Handball

Wellness & Fitness

- Yoga Training
- Fitness Planning
- Physical Conditioning
- Flexibility & Balance Training

PET Teacher **2017- 2018**

YRTV Matriculation Higher Secondary School
Sivakasi

- Coached school teams in volleyball and athletics
- Organized school-level sports day and training camps

PET Teacher **2014**

Sri Vidya Matriculation Higher Secondary School
Virudhunagar

- Taught physical education for high school students
- Involved in school sports activities and drills

CURRICULAR ACHIEVEMENTS

Officiating exam passed in,

- Kabaddi
- Throw ball
- Frisbee

ADDITIONAL QUALIFICATION

- Calisthenics
- Drill & Marching
- Lezium
- Pyramid & Malkam
- Aerobics
- Dhuns & Baithaks
- Bharathium

SPORTS ACHIEVEMENTS

- Represented South Zone level in game of Throw ball in the year 2015.
- Represented BUCK SPORTS FESTIVAL in the year 2016 - 2017 and secured runner up in Kabaddi.
- Represented Intercollegiate in Kabaddi in the year 2016.

LANGUAGES KNOWN

- Tamil
- English
- Telugu

PERSONAL DETAILS

Name : S.Ramaprabha
Gender : Female
Date of Birth : 26/04/1992
Religion : Hindu
Husband's Name : Mr. Sudhakar
Languages Known : Tamil, English, Telugu
Residential Address : No. 2/50, Veerachelliyapuram, Vallioor (Po), Virudhunagar-626005

COACHING AND ORGANIZING ACHIEVEMENTS

- Trained and led the Women's Basketball Team of Sri Vidya College in the Inter-College Tournament - VVV Women's College, Virudhunagar (14-15 Sept 2023).
- Guided the Women's Chess Team in the Inter-College Chess Tournament - American College, Madurai (07-09 Sept 2023).
- Coached the Women's Kabaddi Team for Inter-College Tournament - S.V.N. College, Madurai (09 Oct 2023).
- Mentored the Women's Kho-Kho Team in Inter-College Tournament - Arul Anandar College, Karumathur (03 Oct 2023).
- Organized the State-Level Silambam Competition at Sri Vidya College of Arts and Science on 9th February 2024, with participation from various districts across Tamil Nadu.
- Trained and led 5 students to medal victories in the International Silambam Competition held in Nepal - 2023.

DECLARATION

I hereby declare that the information given above is true to the best of my knowledge and belief.

Sincerely,
S. Ramaprabha